



KAPUNDA & DISTRICTS

NEWSLETTER JUNE 2026

kapundau3a.org.au



U3A Kapunda and districts | Kapunda SA
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PO Box 460 Kapunda 5373

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- Vale Geoff Sclare
- Community Garden Visit
- News from the Groups

Welcome to our Newsletter

Welcome to our first newsletter of 2026.

U3A stands for University of the Third Age. We are a volunteer run non-profit organisation offering low cost educational, creative and physical activities for seniors (usually over 50).

Our membership is strong for a small town/region and we are proud to have 125 current members who attend a range of classes/activities. We are very fortunate to have a number of group leaders who have been with U3A Kapunda for many years and continue to give their time and enthusiasm.

Our groups are diverse: ranging from music, fitness, community garden, book club, petanque, craft and more (see the full list online).

We welcome new members at any time of year. See our contact details above. You can even join us directly from the website.



At the Community Garden



U3A Kapunda Committee and Community Garden members visit with Derek Bowman, president of U3A SA and his fellow U3A South Coast member, Kevin.

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OCT
19-25

Get Online Week is a national campaign to close the digital divide. It supports people to feel safer and more confident online so no one is left behind. Between 19-25 October, local digital skills events will be held in communities across Australia to help everyone get online. U3A Kapunda and Districts hopes to hold a local event for members. More information to come.....

ALL
YEAR

Our groups meet throughout the year, Most weekly, some monthly.

See further information on the website:

KapundaU3a.org.au/program/



Vale Geoff Sclare

Kapunda has lost an intelligent, compassionate creative man strongly committed to making our community a better place. And we have lost a true friend.

There were so many aspects to Geoff's community service I wondered how he had time to have lunch or to tend his sustainable garden!

A member of Kapunda's Kadence choir, active creative member of the theatrical group, & Nuriootpa Town Band but not all at the same time.

Geoff took over leadership of Kapunda's large U3A group at a critical time and lifted the group's reach and effectiveness by sheer thoughtful hard work. This continued over many years

And with his wife Trish he hosted a large U3A book club in his home for almost 18 years. And I may have missed something...

Heartfelt condolences to Trish and the family. Thank you Geoffrey - there are many we could have let go before you

With thanks to Keith Ellis for contributing this article.

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Our committee held a working bee on 22nd May to sort through and move out materials and equipment stored at the RSL.

A job well done!

Thanks to Sandy for organising and to all who participated.

Also thanks to the Community Garden group who have made space for large umbrellas, shelving etc.

Celebrating the newly emptied space!



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Around the Groups



Ukapundas

A recent performance.

Karma & June with their 'L' Plates.



Petanque

Petanque is held at the Community Garden, Cnr Mildred and Nash Streets, Kapunda.

Contact David on 0466689128



Around the Groups

U3A Book Club - Keith Ellis

U3A Book Club is almost 19 years old including 3 of the original members who met in September 2007!

Currently we have 9 very enthusiastic members who meet on the third Monday of each month mid afternoon.

This is a very easy relaxed way to meet with other readers and share our views on a wide range of fiction.

A couple of excellent reads this year have included “ A Gentleman in Moscow” (currently an SBS series but the book is much better).

Earlier we read “Lessons in Chemistry“, a widely acclaimed look at society’s bias against clever women in the 1960’s - and still a problem.

Book clubs are the simplest social activity to organise for anyone with 4 or 5 friends who are readers and who enjoy company. Talk to me for tips!

Keith at keithandmegan@ hotmail.com



Balance & Bones

Our Balance and Bones group, co-ordinated by Megan Ellis (0478 608 486), meets at 9 am Thursdays in the Soldiers Memorial Hall.

There are about a dozen of us. An extremely friendly group who enjoy easy varied stretching balance exercise and a chat with coffee afterwards.

We have been meeting and growing since 2019. We always welcome new faces. And we all feel we benefit from the exercises which tailored for people over 60

Around the Groups



KaDenCe - Choir

KaDenCe celebrated their 30th Anniversary with a magnificent concert at the Kapunda Hall in August 2025, followed by a moving Christmas Cantata at Christ Church, Kapunda.

Rehearsals are Monday nights at 7pm.
See more details on the website.

Picture of the choir above is reproduced with kind permission of The Leader



Next Newsletter

News from Craft Group, Tai Chi and more.....

Around the Groups

Kapunda Community Garden

A new tunnel house has been constructed with a view to accessibility.

Benches will be installed for those who use wheelchairs or who can't stand for long periods. It will be great to extend participation and to access a wider range of community skills and expertise.

Also see front page re President's visit.

Garden group meets on Wednesdays at 12 noon. Contact David on 0466 689 128



Rob working on the new tunnel house

Your Committee

Acting President: David MacKinnon

Secretary: Tanya Zaadstra

Treasurer: Lyn Wheeler

Committee Members: Keith Ellis, Greg Donovan,
Glenys Aird & Kitty Gilchrist

Next Newsletter

News from Craft Group, Tai Chi and more.....